

**New**



## Integrity protection policy, rules and procedures **COACH'S CODE OF CONDUCT**

The coach must first and foremost be aware of the importance of his role and the great influence he has on the participants and on people around him. He must carry out a mission of education and of physical, moral, and social training with participants, and be worthy of this responsibility. He needs to focus more on the well-being and interests of the participants rather than on their results. He should not consider sport and leisure as an end in itself but as a tool for education.

To accomplish his task, the coach must: \_\_\_\_\_

### **Physical safety and health of the participants**

- » Ensure that training, competition, or activity facilities are safe at all times;
- » Be prepared to respond quickly and appropriately in case of an emergency;
- » Avoid putting participants in situations that are unnecessary or unsuitable for their level;
- » Seek to preserve the health, safety, integrity, and well-being, present or future, of participants;
- » Obtain parental consent to drive a minor participant to or from practice, competition, or an activity.

### **Coaching in a responsible way**

- » Use the authority associated with his position wisely and make decisions that are in the best interests of participants;
- » Promote the development of the participants' self-esteem;
- » Avoid taking personal advantage of a situation or decision;
- » Know your limits in terms of knowledge/skills when making decisions, giving instructions, or taking action;
- » Honor the commitments, the word given, and the objectives on which there was agreement. Maintain the confidentiality and privacy of personal information and use it appropriately;
- » Use social networks, the Internet, and other electronic media in an ethical and respectful manner towards colleagues, coaches, and managers, not to use it to provoke the opponent or another member;
- » Refrain from all alcoholic beverages or drugs during the execution of duties and make players aware of the problems related to the use of these products as well as doping in sports;
- » Ensure that everyone is treated with respect and fairness.

## Integrity in relationships

- » Avoid situations that may affect the objectivity, impartiality, or integrity of coaching duties.
- » Refrain from any behaviour that constitutes abuse, harassment, negligence, and violence, or any inappropriate relationship with a participant.
- » All activities should be planned so that a coach is never alone in a closed private location with a participant, or someone involved in the community. This location can be real (a room, a bedroom, lockers, a car) or virtual (message system, social networks).
- » **In particular:**
  - Electronic communications between a participant and a coach must include the participant's parents if participant is under the age of 18.
  - Group e-mail must be preferred to private messages.
  - The coach must request the presence of another adult when a participant visits his office or his room.
  - The coach must not drive participants under the age of 18 to or from an activity (practice, party, competition, or other) without their parents' consent. He must get parental consent for any exceptional case.
- During trips involving a stay, the coach makes sure that the chaperones stay in a room next to the participants rooms.
- The coach must limit visits in the hotel rooms to same-sex visitors.
- The coach must ensure that the room checks are done by trained adults and preferably mixed pairs.
- » Ensure that participants understand that abuse, harassment, negligence, violence, or inappropriate behaviour are not tolerated, and encourage the practice among participants to disclose and report such behaviours.
- » The coach must refer to the guidelines offered on the [www.sportbienetre.ca/](http://www.sportbienetre.ca/) website.

## Respect

- » Ensure that everyone is treated equally, regardless of age, descent, color, race, citizenship, ethnicity, place of origin, language, belief, religion, athletic potential, disability, family status, marital status, gender identity, gender expression, gender, or sexual orientation;
- » Preserve the dignity of each person when interacting with others;
- » Respect the guidelines, rules, or policies in force.

## Honor of sport

- » Observe and enforce all regulations strictly;
- » Wanting to compete against an opponent in fairness;
- » Maintain dignity in all circumstances and exercise self-control;
- » Respect the officials and accept their decisions without doubting their integrity.

**Coach's, don't take any situation lightly or brush it off**



Name and First Name

Signature

Date

I hereby, acknowledge that I have read the Integrity Policy and the Code of Conduct and adhere to its content. I also recognize that any breach of any of the obligations contained in the Integrity Policy and its Code of Conduct is punishable by sanction.