



**Calendrier 2021-22 des courses et événements de ski de fond**  
**2021-22 Cross-Country Ski Races and Events Calendar**

| Date                             | Événements/Events                       | Distance & Technique |                           | Endroit/Location     |
|----------------------------------|-----------------------------------------|----------------------|---------------------------|----------------------|
| <b>Ski à roulettes/Rollerski</b> |                                         |                      |                           |                      |
| VSD/FSS SE 17-18-19              |                                         |                      |                           |                      |
| SE 18                            | Coupe Skinouk                           |                      |                           | Gatineau, QC         |
| VSD/FSS SE 24-25-26              |                                         |                      |                           |                      |
|                                  |                                         |                      |                           |                      |
| VSD/FSS OC 01-02-03              |                                         |                      |                           |                      |
|                                  |                                         |                      |                           |                      |
| VSD/FSS OC 08-09-10              |                                         |                      |                           |                      |
|                                  |                                         |                      |                           |                      |
| VSD/FSS OC 15-16-17              |                                         |                      |                           |                      |
|                                  |                                         |                      |                           |                      |
| VSD/FSS OC 22-23-24              |                                         |                      |                           |                      |
|                                  |                                         |                      |                           |                      |
| <b>Période/Period I</b>          |                                         |                      |                           |                      |
| VSD/FSS OC 29-30-31              |                                         |                      |                           |                      |
|                                  |                                         |                      |                           |                      |
| VSD/FSS NO 05-06-07              |                                         |                      |                           |                      |
|                                  |                                         |                      |                           |                      |
| VSD/FSS NO 12-13-14              |                                         |                      |                           |                      |
|                                  |                                         |                      |                           |                      |
| VSD/FSS NO 19-20-21              |                                         |                      |                           |                      |
|                                  |                                         |                      |                           |                      |
| VSD/FSS NO 26-27-28              |                                         |                      |                           |                      |
|                                  |                                         |                      |                           |                      |
| VSD/FSS DÉ 03-04-05              |                                         |                      |                           |                      |
| DÉ 3-4                           | Invitation 1re neige                    |                      |                           | Morin-Heights, QC    |
| VSD/FSS DÉ 10-11-12              |                                         |                      |                           |                      |
| DÉ (10)-11-12                    | Coupe Canada de l'est #1                | Sprint SK            | Dist CL int 10/15K        | Gatineau, QC         |
| VSD/FSS DÉ 17-18-19              |                                         |                      |                           |                      |
| DÉ 18-19                         | Coupe QC # 1 & Coupe Canada de l'est #2 | Dist CL int 5/10K    | Dist SK dép. masse 10/15K | Mont-Sainte-Anne, QC |
| <b>Période/Period II</b>         |                                         |                      |                           |                      |
| VSD/FSS DÉ 24-25-26              |                                         |                      |                           |                      |
|                                  |                                         |                      |                           |                      |



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|---------------------------|--------------------------------------------------------------------------------------------|----------------------------------------------|----------------------------------------------------|-------------------------------|
| VSD/FSS DÉ 31 JA 01-02    |                                                                                            |                                              |                                                    |                               |
|                           |                                                                                            |                                              |                                                    |                               |
| VSD/FSS JA 07-08-09       |                                                                                            |                                              |                                                    |                               |
| JA 6-11                   | Sélections olympiques<br>Sélections Mondiaux<br>junior & M23                               | Jeu. Dist CL int<br>10/15K<br>Sam. Sprint SK | Dim. Dist. dép<br>masse SK 15/30<br>Mar. Sprint CL | Canmore, AB                   |
| <b>Période/Period III</b> |                                                                                            |                                              |                                                    |                               |
| VSD/FSS JA 14-15-16       |                                                                                            |                                              |                                                    |                               |
|                           |                                                                                            |                                              |                                                    |                               |
| VSD/FSS JA 21-22-23       |                                                                                            |                                              |                                                    |                               |
| JA 22-23                  | Coupe QC #2                                                                                |                                              |                                                    | Bishop's, QC                  |
| VSD/FSS JA 28-29-30       |                                                                                            |                                              |                                                    |                               |
| JA 29-30                  | US Super Tour                                                                              | Sprint CL                                    | Dist dép. masse<br>SK 10/10                        | Lake Placid, É-U              |
| <b>Période/Period IV</b>  |                                                                                            |                                              |                                                    |                               |
| VSD/FSS FÉ 04-05-06       |                                                                                            |                                              |                                                    |                               |
| FÉ 04-06                  | US Super Tour                                                                              | Ven. Sprint SK<br>Sam. Dist CL int<br>10/10  | Dim. Pours SK<br>7,5/7,5                           | Craftsbury, É-U               |
| FÉ 05-06                  | Dernier week-end<br>pour organiser les<br>Finales régionales<br>pour les Jeux du<br>Québec |                                              |                                                    | Partout au QC                 |
| VSD/FSS FÉ 11-12-13       |                                                                                            |                                              |                                                    |                               |
| FÉ 11-12-13               | Coupe QC #3 &<br><b>Finale Coupe Canada</b>                                                | Ven. Sp CL<br>Sam. Dist SK int               | Dim. Relais<br>mixte par clubs<br>4 X 3,75K        | Gatineau, QC                  |
| VSD/FSS FÉ 18-19-20       |                                                                                            |                                              |                                                    |                               |
| FÉ 19-20                  | Gatineau Loppet                                                                            |                                              |                                                    | Gatineau, QC                  |
| <b>Période/Period V</b>   |                                                                                            |                                              |                                                    |                               |
| VSD/FSS FÉ 25-26-27       |                                                                                            |                                              |                                                    |                               |
| FÉ 26-27-28               | Championnat jeunesse<br>NorAm (Midget)                                                     |                                              |                                                    | St-Gabriel-de-<br>Brandon, QC |
| VSD/FSS MR 04-05-06       |                                                                                            |                                              |                                                    |                               |
| FÉ 28- MR 6               | Mondiaux junior &<br>M23                                                                   |                                              |                                                    | Zakopane, POL                 |
| VSD/FSS MR 11-12-13       |                                                                                            |                                              |                                                    |                               |
| MR 09-12                  | Jeux du Québec                                                                             |                                              |                                                    | Rivière-du-Loup, QC           |
| VSD/FSS MR 18-19-20       |                                                                                            |                                              |                                                    |                               |
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| VSD/FSS MR 25-26-27 |                                               |  |  |                      |
|---------------------|-----------------------------------------------|--|--|----------------------|
| MR 20-27            | Championnats canadiens & US Super Tour Finals |  |  | Whistler, CB         |
| VSD/FSS AL 01-02-03 |                                               |  |  |                      |
| AL 01-02-03         | Finale Coupe Québec                           |  |  | Morin-Heights, QC    |
| AL 03               | Classique Alex Harvey (Loppet)                |  |  | Mont-Sainte-Anne, QC |